



Caitrin Assaf



Represented by **The NWT Group**
SariPadorr@NWTgroup.com 817-987-3600

<https://NWTgroup.com/client/caitrinassaf>

Awards

- 2023 Regional Murrow - Excellence in Writing
- 2022 Regional Emmy - Weekend Newscast, All Markets
- 2020 Mesa County Communications

Skills

- AP ENPS
- iNews
- Adobe Premiere Pro
- Final Cut Pro
- iMovie
- Sony and JVC
- TVU
- iPhone Mobile Journalism
- Go Pro

Education

Johns Hopkins University, Baltimore, MD
Master of Arts in Government-Political Communications

Boston College, College of Arts and Sciences, Chestnut Hill, MA
Bachelor of Arts in Communication, Minor in Ancient Civilizations

- Cum Laude
- Dean's List
- "Excellence in Feature Writing" Award

Social Media



@caitrinassaf
1.6K followers



@caitrin.assaf
4.8K followers



@caitrinassafTV
1.6K followers



Caitrin Assaf

EXPERIENCE

Gray TV, Washington, D.C.

Correspondent

July 2025 — Present

- Report on national, political news for more than 100 local news stations across the U.S., delivering stories and packages for broadcast and the web daily
- Break major news updates live on air and deliver political talkbacks
- MMJ, shoot, and edit as needed
- Fill in on the Local News Live weekend anchor desk
- Publish related web articles and social media content daily

KARK, Little Rock, AR

Anchor

July 2022 — July 2025

- Solo-anchor hour-long Noon, 4:00 broadcasts daily
- Write and approve scripts for broadcast, collect and break major news updates live on air
- Turn special reports, in-depth stories, and packages for broadcast and web
- Report live in the field when needed / MMJ, shoot, and edit when needed
- Winner of a 2023 Regional Murrow for Excellence in Writing, 2022 Regional Emmy for Weekend Newscast
- Publish related web articles and social media content daily

September 2020 — July 2022

Reporter/MMJ

- Report daily during the dayside shift, turning general assignment stories and covering breaking news
- Turn a package daily plus pacers, morning VOSOTs, and special reports
- Report live for multiple shows per shift; in the field, in studio, or live-streaming to the web
- Enterprise stories from Central Arkansas including those focused in healthcare, local government, education, and politics

KREX, Grand Junction, CO

Anchor/Producer

December 2018 — September 2020

- Solo-anchor and produce the 6:00 and 10:00 evening broadcasts, and produce teasers, website content, and social media posts
- Mesa County Communications Officers' Association's "Broadcast Journalist of the Year"
- Anchor and produce morning and noon broadcasts and produce daily teasers and "CBS This Morning" local cut-ins
- Increased viewership and ratings for both the morning and noon broadcasts

August 2018 — September 2020

MMJ

- Shot, wrote, and edited two to three stories every day, including packages and VOSOTs for the noon and evening broadcasts
- Live-fronted stories in the field and in studio using TVUs, and filmed stand-ups for packages and feature pieces
- Report live from breaking news and turn stories in the field for the evening broadcasts and website
- Produce local-focused stories and enterprise features, and followed up on continuous stories

NewTV, Boston, MA

News Intern

Spring 2018

- Produce and anchor weekly broadcast. Wrote scripts, shot, and edited on Final Cut Pro as the sole contributor to a pre-recorded 30-minute weekly news program
- Enterprise and pitch community story ideas

WCVB, Boston, MA

News Intern

Summer 2017

- Wrote multiple short-form stories and features for the "EyeOpener" news program, formatted stories for television and digital media platforms
- Draft and stack "Taxi TV" news episodes
- Work overnight shift from midnight to 7am and shadow reporters, anchors, and producers, during an 11-week intensive internship