



# Caitrin Assaf



Represented by **The NWT Group**  
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<https://NWTgroup.com/client/caitrinassaf>

## Awards

- 2023 Regional Murrow - Excellence in Writing
- 2022 Regional Emmy - Weekend Newscast, All Markets
- 2020 Mesa County Communications Officers' Association - Broadcast Journalist of the Year

## Skills


- AP ENPS
- iNews
- Adobe Premiere Pro
- Final Cut Pro
- iMovie
- Sony and JVC
- TVU
- iPhone Mobile Journalism
- Go Pro

## Education

Boston College, College of Arts and Sciences, Chestnut Hill, MA  
 Bachelor of Arts in Communication,  
 Minor in Ancient Civilizations


- Cum Laude
- Dean's List
- "Excellence in Feature Writing" Award

## Social Media

 @caitrinassaf  
1.1K followers

 @caitrin.assaf

 @caitrinassaf tv  
1.3K followers

 Caitrin Assaf

## EXPERIENCE

### KARK, Little Rock, AR

July 2022 — Present

**Anchor**

- Solo-anchor hour-long Noon, 4:00 broadcasts daily
- Write and approve scripts for broadcast, collect and break major news updates live on air
- Turn special reports, in-depth stories, and packages for broadcast and web
- Report live in the field when needed / MMJ, shoot, and edit when needed
- Winner of a 2023 Regional Murrow for Excellence in Writing, 2022 Regional Emmy for Weekend Newscast
- Publish related web articles and social media content daily

September 2020 — July 2022

**Reporter/MMJ**

- Report daily during the dayside shift, turning general assignment stories and covering breaking news
- Turn a package daily plus pacers, morning VOSOTs, and special reports
- Report live for multiple shows per shift; in the field, in studio, or livestreaming to the web
- Enterprise stories from Central Arkansas including those focused in healthcare, local government, education, and politics

### KREX, Grand Junction, CO

December 2018 — September 2020

**Anchor/Producer**

- Solo-anchor and produce the 6:00 and 10:00 evening broadcasts, and produce teases, website content, and social media posts
- Mesa County Communications Officers' Association's "Broadcast Journalist of the Year"
- Anchor and produce morning and noon broadcasts and produce daily teases and "CBS This Morning" local cut-ins
- Increased viewership and ratings for both the morning and noon broadcasts

August 2018 — September 2020

**MMJ**

- Shot, wrote, and edited two to three stories every day, including packages and VOSOTs for the noon and evening broadcasts
- Live-fronted stories in the field and in studio using TVUs, and filmed stand-ups for packages and feature pieces
- Report live from breaking news and turn stories in the field for the evening broadcasts and website
- Produce local-focused stories and enterprise features, and followed up on continuous stories

### NewTV, Boston, MA

**News Intern**

Spring 2018

- Produce and anchor weekly broadcast. Wrote scripts, shot, and edited on Final Cut Pro as the sole contributor to a pre-recorded 30-minute weekly news program
- Enterprise and pitch community story ideas

### WCVB, Boston, MA

**News Intern**

Summer 2017

- Wrote multiple short-form stories and features for the "EyeOpener" news program, formatted stories for television and digital media platforms
- Draft and stack "Taxi TV" news episodes
- Work overnight shift from midnight to 7am and shadow reporters, anchors, and producers, during an 11-week intensive internship